

If you have any questions or would like more information about Hospice services please contact the Vancouver Home Hospice Palliative Care Service Office or your local Community Health Centre/Office:

**Vancouver Home Hospice
Palliative Care Service**

300-999 West Broadway 604-742-4010

**Robert and Lily Lee Family
Community Health Centre**

1669 East Broadway 604-675-3980

South Community Health Office

6405 Knight Street 604-321-6151

Evergreen Community Health Centre

3425 Crowley Drive (at Joyce)
604-872-2511

**Pacific Spirit Community
Health Centre**

2110 West 43rd Avenue 604-261-6366

Pender Community Health Centre

59 West Pender Street 604-669-9181

**Three Bridges Community
Health Centre**

1128 Hornby Street 604-331-8901

**Raven Song Community
Health Centre**

2450 Ontario Street 604-709-6400

Palliative Access Line 604-263-7255

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Vancouver Community Shift Care Nursing Service

The shift care nursing service helps to support people at the end of life to be at home as long as possible.

Vancouver Home Hospice
Palliative Care Service

What is shift care nursing?

Shift care is part of the Vancouver Community Home Hospice Palliative Care Service. It provides registered nurses (RN) specialized in palliative care to look after you in your home for 8 to 12 hour periods.

Who arranges shift care nursing?

The home care staff arranges for shift care through the Palliative Access Line.

When is shift care nursing arranged?

Shift nursing care can be arranged if you need more help than the home care staff, your family or home support workers can provide to:

- Help get symptoms under control.
- Give your family members a rest.
- Provide more complex nursing care.

What shift care nurses do:

- Keep you physically, emotionally, and spiritually comforted.
- Provide care that supports both you and your family.
- Prepare you and your family as death approaches.
- Respect your wishes.

Shift care nurses do not:

- Take over care that your family wants to give.
- Housecleaning, shopping, cooking, laundry.
- Child care.
- Sleep when working at night.
- Perform CPR.

How long can shift care be provided?

Shift care is limited to a few days or nights and is flexible enough to meet individual needs.

Will we always have the same RN's?

Each nurse works two to four days or nights, so you may have different nurses.

Is a shift care RN always available?

It is possible that a RN may not be available. We will help create a backup plan that is suitable for you and your family.

Who covers the cost of shift care?

- The Vancouver Community Home Hospice Palliative Care Service covers the costs for a limited time.
- If RN care is needed for a prolonged time, longer than the program provides, then arrangements will need to be made such as private pay, extended benefits, etc..

Will my community health nurse still visit?

Your community health nurse will still visit to coordinate and provide care. The shift care nurses work closely with your community health nurse.

What can we do to help the shift care nurse?

- Tell your shift care nurse what is important so that care is suited to you.
- Because the shift care nurses are in your home for many hours, have family and friends smoke outdoors.
- Suggest where the nurse can park safely.